The work to create a kinder world never ends. There is no limit on the amount of goodness we can put into the world, but we need your help!

We invite you to join the annual Random Acts of Kindness Day (RAK DAY) celebration on Thursday, February 17, 2022 and help #MakeKindnessTheNorm

HOW YOU CAN PARTICIPATE

1. Participate in this year’s coloring contest and receive a 2022 RAK Day sticker.
   ![RAK Day Sticker](https://www.randomactsofkindness.org/rak-day-2022)
   - On RAK Day, Thursday, February 17, 2022, RAK will randomly select 5 entries to receive a RAK Day poster, lapel pin, a 2022 Kindness Calendar along with a Make Kindness the Norm sweatshirt, water bottle and baseball hat (valued at over $100).

2. Receive a daily dose of self care from RAK’s Vice President by connecting with daily text messages - 303-529-2494

3. Become part of the kindest community by joining the RAKtivists (Random Act of Kindness activists) group

4. Check out our RAK Day page with kindness ideas, quotes and other fun resources for Random Acts of Kindness Day, Thursday, February 17, 2022

NOW WHAT? HOW TO GROW THE MOVEMENT

This kit is meant as a stepping stone, now it’s your turn!

CONTACT:

Rachelle Stubby
Manager of Digital Strategy
rachelle@randomactsofkindness.org
303.808.3246

ABOUT THE RANDOM ACTS OF KINDNESS FOUNDATION (RAK)

https://www.randomactsofkindness.org/rak-day-2022
make kindness the norm.